











# **SAT SUSTAINABLE**

# A TRAVEL IDEA

# **PURE COLOMBIA**

"Take nothing but memories, leave nothing but footprints!" - Chief Seattle

Our pure-line offers authentic and nature based encounters with the countries and their inhabitants, while minimizing the negative and maximizing the positive impacts of tourism. Get enchanted by Colombia's diversity! Explore the colonial history and the stunningly beautiful landscape, participate in the everyday life of the Colombians and try the delicious local dishes on this genuine journey.

# Day 1 Bogotá

Arrival in Bogotá and transfer to the hotel.

#### Day 2 Bogotá

Explore the city by bike. Highlights of this tour are, among others, the colonial and historical center La Candelaria, the Plaza Bolivar, such as the Gold Museum and the Botero Museum.

#### Day 3 Bogotá

Full day trip to the Chingaza National Park. Together with a specialized guide you will explore the surroundings by car and on short walks.

# Day 4 Bogotá – Coffee-Triangle

Leave Bogotá towards the Coffee-Triangle. On the way to your Coffee Hacienda you will visit the towns of San Francisco and Guaduas. Have lunch in Honda and continue to Manizales.

# Day 5 Coffee-Triangle

Discover a coffee plantation to learn everything about the production process from planting to tasting.

#### Day 6 Coffee-Triangle - Salento

On your way to Salento you will explore the Cocora valley with the possibility to plant a palm tree. Continue to Filandia, walk around the small streets and enjoy a workshop experience of wickerwork. For dinner you will mee the local restaurant "Helena Adentro" and listen to a sustainability speech.

# Day 7 Salento - Jardín

Transfer to Jardin in the mountains of Antioquia.

#### Day 8 Jardín

Day at leisure for own activities.

# Day 9 Jardín - Medellín

Visit to the villages of Jericó, known for its handicrafts and the manufacture of small leather goods, and Fredonia to have lunch. Discover a local coffee plantation and get to know local gold miners. In the afternoon transfer to Medellín.

#### Day 10 Medellín

City tour through Medellín to discover the history and present of the city. In addition to that a local graffiti artist will explain the meaning of graffiti in Medellín and show important artworks.

# Day 11 Medellín

Visit to a local social project to contribute to the sustainable development of the community (dependent on the availabilities of the organisations). In the afternoon you will enjoy a Street Food tour to try local delicacies.

#### Day 12 Medellín - Cartagena

Transfer to the airport and flight to Cartagena. Upon arrival transfer to the hotel. Remaining day at leisure.

#### Day 13 Cartagena

Bike tour throught the colonial center of Cartagena. Among others you will visit the fortress of San Felipe and the Historic Museum of Cartagena.

#### Day 14 Cartagena

Visit to the fishing village La Boquilla. Ride on a Dugout -canoe through tunnels tunnels in the dense ancient growth of mangroves. Afterwards participate in a Coconut-Workshop to create natural and personal souvenirs. Lunch is included.



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